

# Women & Horses... In the Black Hills!

*A Personal Journey & Retreat for Women*

August 27-28, 2011



Transformative! Learn how to access your Core Energy through the wisdom of your equine companion and allow that gentle wisdom to heal and strengthen other areas of your life. Participants will learn techniques to reach a higher level of understanding and self-awareness through their own inner wisdom and the power of their relationship with the horse.

Come for the weekend of Women & Horses. Stay as long as you like and take advantage of the event discount on camping or cabin packages for the duration of your stay at Hay Creek Ranch in the beautiful Black Hills of South Dakota.



## **Saturday, August 27, 2011**

10:00 AM - Workshop: Your Horse, Your Spirit Coach  
12:00 PM – 6:00 PM Personal time (Guided riding tours available)  
6:00 PM – 8:00 PM Workshop: Find Your Personal Vision & Mission

## **Sunday, August 28, 2011**

9:00 AM Workshop: Centering with Your Horse  
11:00 AM Personal time (Guided riding tours available)

Workshop Cost: \$150/person  
(Early-Bird Discount. After July 1st, \$175)\*

Register Today  
(605) 578-1142  
[contact@haycreekranch.net](mailto:contact@haycreekranch.net)

Special 25% discount on camping or cabin packages for event attendees.  
Stay as long as you like and explore the beauty of Hay Creek Ranch and the Black Hills!

DOOR PRIZES! Including a \$200 stay at Hay Creek Ranch

### **About the Presenter**

SARA SINNARD, owner of FUSiON Life & Leadership, LLC, is a coach and consultant, helping individuals and teams reach their full potential through core-energy coaching, workshops and custom training. She specializes in life and career transitions through coaching and equine-assisted learning.  
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